Chris Feris, Director

6108 Broadway • Haltom City, Texas 76117 • 817-547-5820 • Fax 817-547-5824 • www.birdvilleschools.net

To the Parents of Richland High School Athletes and its Feeder Schools: North Richland Middle and North Ridge Middle

According to BISD policy, all athletes and other related activities are required to have a yearly pre-participation physical examination. We will be offering physical exams at Richland High School on **April 20, 2016.**

The cost for the physical exam is \$10 if preregistered before April 15, or \$15 after April 15. Cash is preferred, but checks made out to Richland High School will be accepted. (NSF fees are applicable.) *No athlete will be turned away because of a lack of funds* and **no refunds** will be given. If there is a financial problem, please contact either of the athletic trainers listed below **before the day of the physicals**:

Dean Broxterman, LAT, ATC – 817-547-7089 Cynthia West, LAT – 817-547-7506

Preregistration time slots for <u>all</u> high school and middle school students will be sold April 4–15 in Ms. West's training room at RHS before and after school until 4:30 p.m. (before school only on April 13–14). Students must pre-purchase a time slot to be seen by the doctors before 5:30 p.m.

Preregistered students will be seen first according to their time slots. Ms. West will be at North Ridge Middle for preregistration sales April 13 from 3 p.m. to 4:30 p.m. and North Richland Middle April 14 from 3 p.m. to 4:30 p.m.

The **Medical History Form** is the <u>only</u> hard copy form that will be due prior to physicals. Bring your <u>completed</u> Medical History Form when you come to purchase your time slot.

On the day of the physicals, all student athletes will report to the north doors of the main gym at RHS to check in at their designated time. If you do not preregister, you may report to the main gym <u>after</u> 5:30 p.m. with a parent, your completed Medical History Form, and \$15. If your form is incomplete, you may not receive a physical.

Due to the doctor's request and time constraints, we cannot accept any registration after 6 p.m. on physical day; the doors will, therefore, be locked no later than 6 p.m. Thank you for your understanding.

Athletics Department

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PLEASE NOTE

For the 2016–17 school year, <u>all</u> athletics forms must be completed online and electronically signed EXCEPT the Medical History Form and the Physical Form. These forms must be completed properly by the end of this school year so as not to delay your student's participation in athletic activities next year.

The UIL requires that the preparticipation physical exam be recorded on the approved form only; therefore, no other physical exam form will be accepted. If the exam is done on the wrong form, it will be returned, which will further delay your student's athletics participation. Please make sure you have the correct form by contacting one of the athletic trainers listed above or by downloading the correct forms from the Birdville ISD Athletic website.